



Elevating the well-being of caregivers and individuals with disabilities through daytime respite care.

SERVICES WE PROVIDE:

• Self-Care Time for Caregivers

- Engaging Activities & Field Trips
- Social Interaction & Stimulation Programs
 - Reliable Transportation Services
 - Nutritious Meals & Snacks
 - Medication Management
 - Personal Hygiene Assistance
 - Routine Health Checks
 - Coordination with Healthcare Providers
 - Safe & Secure Environment
 - Promoting Independence & Dignity

St. Louis City | Florissant Arnold | Ste. Genevieve Seadcc.org | (314) 772-5107





What Are The Benefits?

Caregiver/Respite Care: Providing caregivers a break for errands, socializing, or rest.

Quality of Life: We offer social, peer, and health services to enhance well-being.

Peace of Mind: Safe daytime care for loved ones, avoiding expensive 24-hour institutional care.

Better Health: We can monitor health and coordinate with physicians for optimal care.

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SCHEDULE YOUR TOUR TODAY!

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