



Elevating the well-being of caregivers and individuals with disabilities through daytime respite care.

## SERVICES WE PROVIDE:

• Self-Care Time for Caregivers

- Engaging Activities & Field Trips
- Social Interaction & Stimulation Programs
  - Reliable Transportation Services
    - Nutritious Meals & Snacks
    - Medication Management
    - Personal Hygiene Assistance
      - Routine Health Checks
  - Coordination with Healthcare Providers
    - Safe & Secure Environment
    - Promoting Independence & Dignity

St. Louis City | Florissant Arnold | Ste. Genevieve Seadcc.org | (314) 772-5107





## What Are The Benefits?

**Caregiver/Respite Care**: Providing caregivers a break for errands, socializing, or rest.

**Quality of Life:** We offer social, peer, and health services to enhance well-being.

**Peace of Mind:** Safe daytime care for loved ones, avoiding expensive 24-hour institutional care.

**Better Health:** We can monitor health and coordinate with physicians for optimal care.

a sponsored ministry of the SISTERS OF CHARITYOF INCARNATE WORD

## SCHEDULE YOUR TOUR TODAY!

St. Louis City | Florissant Arnold | Ste. Genevieve Seadcc.org | (314) 772-5107